

1 Business & Office Services

A4 Laminator	neg	201	Zena & Richard
Accountancy advice	20s per hr	292	Dot & Tim
Business consultancy	20s per hr	292	Dot & Tim
Office administration	10s per hr	66	Clive & Ann
Press releases/promotion/photography (journalist)	neg	279	Anastasia & Graham
Secretarial/admin help	tba	338	Sarah
Typing/printing	neg	330	Nicola
Word processing Rainer	10s hr	329	Angie & Rainer

2 Catering & Food

Cakes	5s	171	Judith
Cooking	neg	329	Angie & Rainer
Cooking + ready meals for individuals	S + £ for ingred	201	Zena & Richard
Help at parties, washing up making sandwiches etc.	10s hr	311	Sarah
Honey	tba	237	Annie
Jams, jellies, marmalade	2s per jar	171	Judith
Jams, pickles, preserves etc. (seasonal)	1s average	201	Zena & Richard
Mincemeat	3s/6s per jar	171	Judith
Surplus fruit & veg in season	usually 1s each	201	Zena & Richard
Surplus produce and honey	neg	190	Joan

3 Clothing & Textiles

Clothes swaps/items for sale	neg	337	Joanne
Clothes trading	neg	329	Angie & Rainer
Hosting clothes trading/ swapping	neg	171	Judith
Knitting goods - ring to discuss	Stg wool+S	290	Rose
Sewing - clothes/curtains	neg	330	Nicola
Sewing/mending	neg	190	Joan
Sewing/mending	neg	313	Annie

4 Creative Arts & Crafts

Face painting	10s per hr + £mat	201	Zena & Richard
Photography	neg	246	Jim & Jane
Upcycling furniture	tba+stg for paint	323	Wendy

5 Domestic, Family, & Kids

Baby sitting	neg	330	Nicola
Babysitting/childcare, (police DBS checked) day or evening	8s per hr	201	Zena & Richard
Cleaning with member or work party	8s per hour	230	Steve & Meriel
cleaning/domestic work	8s per hr	201	Zena & Richard
Elderly care/sitting service etc.	8s per hr	201	Zena & Richard
Help in the home	10s hr	329	Angie & Rainer
Help in the house	neg	232	Sue

Home Sitting without pets	20s day	306	Jill
House sitting	tba	338	Sarah
Recycling (car loads)/dumping rubbish	neg	201	Zena & Richard
Shopping	10s hr +petrol	329	Angie & Rainer

6 Gardening, Horticulture & Agriculture

Gardening	10s hr.	190	Joan
Gardening	10s hr	329	Angie & Rainer
Gardening	neg	232	Sue
Gardening (stg for petrol)	10s pr hr	339	John
Gardening advice	tba	237	Annie
Gardening help / labour	10s per hour	230	Steve & Meriel
Gardening/watering	tba	338	Sarah
General Garden Maintenance	8s hr	306	Jill
Grass strimming and cutting Rainer	10s hr	329	Angie & Rainer
Hedge-laying	neg	246	Jim & Jane
Plants - an interesting range of own stock	tba	237	Annie
Seasonal posies, bunches plus arrangements	from 1s	201	Zena & Richard
Surplus plants	neg	190	Joan
Surplus plants, fruit and veg	neg	329	Angie & Rainer
veg. bed design & advice	neg	306	Jill
watering gardens while you are away	neg	201	Zena & Richard

8 Personal & Spiritual

Astrology,Tarot,Numerology readings	30s	279	Anastasia & Graham
Card Readings (not Tarot) for when you have a big question that needs answering	15s	311	Sarah
Dream analysis, spiritual coaching	30s per sitting	279	Anastasia & Graham
Dream Interpretation - from a Jungian perspective	15s	311	Sarah
Emotional & mental wellbeing (Certificate in NLP, hypnotherapy, spiritual response therapy)	30s	341	Sandy
Haircuts	neg.	329	Angie & Rainer
Spiritual/energy work (certificate - ask for details)	30s	341	Sandy

9 Repairs, Maintenance, & Building Services

Bicycle repairs	neg	246	Jim & Jane
Bike repairs	neg	22	Mike & Annemieke
Carpentry	neg	246	Jim & Jane
Decorating	tba	338	Sarah
Handyman, household repairs, etc	neg	246	Jim & Jane
Home handyman - woodwork, plumbing,basic electrics, decorating (stg for materials & petrol)	10s pr hr	339	John
Interior house painting	neg	330	Nicola
Interior/exterior decorating e.g. fences/sheds		190	Joan
Repair of spades etc	neg	246	Jim & Jane

12 Therapies & Health

Acupressure - Neck and Shoulder treatment	10s	311	Sarah
Acupressure - Tuition session for couples	20s	311	Sarah
Aromatherapy (IIHHT)	tba	323	Wendy
Aromatherapy massage (London school of Aromatherapy) Full body	25s + £5	326	Carol
Bio scan for health assessment	10s & £15 remedies	328	Lesley
Detox spa	10s	328	Lesley
Ear candling plus head massage (charge for cost of candles)	10s 1hr plus £5	326	Carol
Foot health (Bsc honours podiatry)	tba	323	Wendy
Hypnotherapy (DIPHYP)	tba	323	Wendy
Indian head massage	10s	61	Stan & Thelma
Reflexology (IIHHT)	tba	323	Wendy
Reflexology (trained at Midland school of Reflexology)	15s 1hr	326	Carol
Therapeutic massage APNT BCMA(Reg) CNHC (Reg) full body	20s+£20 2 hrs	23	Annie
Therapeutic massage APNT BCMA(Reg) CNHC (Reg)back/neck	20s£15 1.5 hr	23	Annie
Vega testing for allergies	10s & £15 remedies	328	Lesley

13 Transport

Airport and Station Runs	8s hr/30p mile	306	Jill
Car & driver - any distance	neg	66	Clive & Ann
Driving car or van Rainer	10shr+ petrol	329	Angie & Rainer
Help moving/packing/delivery	neg	330	Nicola
Lifts - Local	10s pr hr + £ petrol	311	Sarah
Lifts - local area	15p mile 5s hr	292	Dot & Tim
Lifts/trips out	tba	338	Sarah
Local Lifts	10s p.hr 20p mile	313	Annie
Local transport to Exeter/Bristol airports	10s hr + petrol	171	Judith
Man + van	neg + £petrol	201	Zena & Richard
Outings to local coast, NT properties	neg	313	Annie
Small removal jobs in Astra van (have permit to dump private waste at Somerset recycling centres) Rainer	15shr+ diesel	329	Angie & Rainer

14 Tuition & skill sharing

2hr tuition in my studio (Ilminster) in dye painting on fabric & related craft	15s	337	Joanne
2hr tuition in my studio (Ilminster) in machine embroidery & related craft	15s	337	Joanne
2hr tuition in my studio (Ilminster) in water colour painting & related crafts	15s	337	Joanne
Advice in DIY conversion of van to motorhome	10s per. Hr	66	Clive & Ann
Advice on energy conservation and wood fuelled boiler systems	neg	230	Steve & Meriel
Computer training & internet	10s per hr	66	Clive & Ann
Natural dyeing & rainbow dyeing workshops	neg.	337	Joanne
Travel advice	10s per hr	66	Clive & Ann
Work shops in hypnotherapy (DIPHYP)	tba	323	Wendy

15 Items for Hire

50 plain wine glasses almost matching (breakages no problem)	5s	201	Zena & Richard
Bunting Indoors or Outdoors	from 1s	201	Zena & Richard
Heavy duty petrol mower (does rough stuff)	10s per day	201	Zena & Richard
LETS BOSCH power washer /external use. Judy 01935 863966	5s per day	1	admin
LETS Garden shredder ring Zena 01460 77259	20s per day	1	admin
LETS Gazebos shower proof only Zena 01460 77259	5s each per day	1	admin
LETS gillotine and trimmer ring Meriel 07905331677	neg	1	admin
LETS Printer/scanner/copier service Meriel 07905331677	neg	1	admin
Man with power washer (stg for petrol)	12s pr hr	339	John
quantity of pretty old china plates,cups,saucers some sets, some odds (breakages no problem)	5s	201	Zena & Richard
Small apple press plus crusher	5s per day	201	Zena & Richard
Tea sets + pots etc. for events	10s per day	328	Lesley
Use of two very sturdy clothes rails for shows or other	neg	171	Judith

17 Pets & Other Animals

Dog sitting	10s hr.	190	Joan
Dog walking	neg	330	Nicola
Dog/cat sitting	tba	338	Sarah
Looking after pets/plants when you are away (Crewkerne area)	5s + any fuel	292	Dot & Tim

18 Language & Translation

Dutch translation	5s per hr	22	Mike & Annemieke
Translation German/English English/German Rainer	10s hr	329	Angie & Rainer

20 Working Parties

Assisting in work parties - I require transport if distant	tba	290	Rose
general help	10s hr	329	Angie & Rainer
general help	10s hr	328	Lesley
General work parties	10s per hour	230	Steve & Meriel
Help at work parties	neg	232	Sue
Help in work parties	tba	338	Sarah
Help in work parties - Ann	neg	66	Clive & Ann
Help with working parties	neg	250	Judy
Helping at events, parties etc. e.g. washing up/clearing up	neg	201	Zena & Richard
Participate in Work Parties	10s pr hr	311	Sarah
Participate in work party	8s hr	326	Carol
Steve doing heavy/specific work	neg	230	Steve & Meriel
Work parties	10s per hr	323	Wendy
Work parties	10s hr	345	Caroline
Work parties	10s	237	Annie
Work parties	10s per hr	171	Judith
Work parties (gardening, painting - ring to discuss)	neg	341	Sandy

Work party participation	8s per hr	201	Zena & Richard
Work party participation	neg	190	Joan

23 Miscellaneous

Extra pair of hands	tba	338	Sarah
Hosting of trading space in summer months - call to check if I am free	neg	250	Judy
no offers as moved	nil	336	Jerry

2 Catering & Food

Organic vegetables	23	Annie
Surplus fruit and veg. eggs etc	292	Dot & Tim

5 Domestic, Family, & Kids

Cleaning - occasional/regular	201	Zena & Richard
Inside car valeting	292	Dot & Tim

6 Gardening, Horticulture & Agriculture

Cut flowers	292	Dot & Tim
Gardening - grass cutting/scything, clearing, strimming, weeding, fencing, hedging, cutting back anytime	201	Zena & Richard
General Gardening	neg	313 Annie
Help with gardening	190	Joan
Help with gardening	292	Dot & Tim
Logs	23	Annie
Sawing logs/cutting out tree branches	23	Annie

9 Repairs, Maintenance, & Building Services

Decorating, carpentry	23	Annie
General DIY & decorating	neg	313 Annie
General DIY & decorating (house renovation)	201	Zena & Richard
Interior/exterior decorating	190	Joan
Maintenance of Electric & Electronic Equipment	23	Annie
Small building repairs	61	Stan & Thelma
Small decorating/restoring jobs esp small 'fiddley' things I can't do!	201	Zena & Richard

13 Transport

Shared lifts Sussex/London/Rugby 1 way/2 way or near offer	201	Zena & Richard
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17 Pets & Other Animals

Dog sharing (i.e. are you unable to keep a dog/ miss walking a dog/miss a dogs company?)	6s	326 Carol
Help with dog, hens, bees	190	Joan